

Primary Autumn/Winter 2020 Menu Week 1
w/c 02/11, 23/11, 14/12, 18/01, 08/02, 08/03, 29/03

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** <i>with Dough Balls (V)</i> Cheesy Tomato Topped Pizza Slice	Chicken Burger <i>with Potato Wedges</i> Roast chicken served in a soft bun with lettuce and mayo	Roast Turkey <i>with Roast Potatoes and Gravy</i> Succulent roast turkey with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Burrito with Rice (V) A soft wrap filled with lightly spiced veggies and rice	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy (V) A chunky sweet potato and chickpea roast	Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Third Choice		Jacket Potato with Salmon Mayonnaise ***			
Jacket Potato	Jacket Potato With Cheese, Baked Beans or Tuna Mayo				
Vegetables	Carrots Sweetcorn	Peas Broccoli & Cauliflower Medley	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Chocolate Brownie	Raspberry Ripple Ice Cream	Fruit & Yoghurt*	Summer Berry & Peach Oaty Crumble* with Custard	Strawberry Swirl Sponge
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					



Primary Autumn Winter 2020 Menu Week 2

w/c 09/11, 30/11, 04/01, 25/01, 22/02, 15/03

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Veggie Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Chicken Tikka Masala with Rice ** Succulent chicken in a mild curry sauce	Honey Roasted Gammon with Roast Potatoes and Gravy Succulent roast gammon with fluffy roasties and tasty gravy	Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Pastry Slice with Roast Potatoes and Gravy (V) (pastry) Butternut Squash and potatoes wrapped in flaky pastry	The Incredible Burger with Potato Wedges(V) Meatless burger in a soft bap with ketchup	Soft Taco and Chips (V) A soft taco shell filled with a yummy veggie tomato chilli
Jacket Potato	Jacket Potato With Cheese, Baked Beans or Tuna Mayo				
Vegetables	Sweetcorn Broccoli and Cauliflower Medley	Carrots Peas	Cabbage Carrots	Sweetcorn Broccoli	Peas Baked Beans
Desserts	Fruit & Yoghurt*	Apple & Berry Crumble* with Custard	Strawberry Ice Cream	Chocolate Cake with Chocolate Sauce	Oatie Biscuit with Fruit Slices *
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					



Primary Autumn Winter 2020 Menu Week 3

w/c 16/11, 07/12, 11/01, 01/02, 01/03, 22/03

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Chinese Veggie Noodles (V) Fragrant egg noodles with stir fried vegetables	Sausage and Mash with Gravy Traditional Pork Sausage and Mash with rich Gravy	Roast Chicken with Roast Potatoes and Gravy Moist roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato and beef sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Vegetable Supreme Pizza ** with Dough Balls (V) Cheesy tomato topped pizza slice topped with sweetcorn and peppers	Quorn Bolognese **(V) Fusilli pasta in a yummy tomato and Quorn sauce	Country Vegetable Pie with Roast Potatoes and Gravy (V) (pastry) Creamy vegetable pie with a shortcrust topper	Mild Chickpea & Potato Curry with a Rice side **(V) A tasty chick pea and potato masala	Beany Burger with Chips (V) A delicious homemade beany burger
Jacket Potato	Jacket Potato With Cheese, Baked Beans or Tuna Mayo				
Vegetables	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Sweetcorn Broccoli & Cauliflower Medley	Baked Beans Peas
Desserts	Raspberry Yoghurt Cake	Fruit & Yoghurt*	Flapjack with Fruit Slices *	Chocolate Brownie	Orange Shortbread with Fruit Slices *
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

